



# **[ FIGHT TIME TABLE ]**

**Athlete with GI e NOGI**

**JAN, 2025**

- MIGHTY-MITE 1 and JUNIOR 3.
- JUVENILE TO MASTER.

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PROFESSIONAL BRAZILIAN JIU-JITSU FEDERATION

# FIGHT TIME TABLE

## Athlete with GI e NOGI

ALL CATEGORIES

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CATEGORY	BELT	TIME
MIGHTY-MITE 1 PEE-WEE 1, 2 and 3	WHITE/GRAY/YELLOW	3 minutes
JUNIOR 1 and 2	WHITE/GRAY/YELLOW/ ORANGE/GREEN	3 minutes
JUNIOR 3	WHITE/GRAY/YELLOW/ ORANGE/GREEN	4 minutes
JUVENILE	WHITE/BLUE	4 minutes
ADULT/MASTERS	WHITE	4 minutes
MASTERS	BLUE/PURPLE/BROWN/BLACK	5 minutes
ADULT	BLUE	5 minutes
ADULT	PURPLE/BROWN/BLACK	6 minutes

All times and categories above are for Women and Men

**- CATEGORY AND REGULATORY FIGHT TIME**

The minimum rest times between each fight are:

**FIGHTS UNTIL THE SEMIFINAL**

- Equal to the regulatory fight time for each category.

**FINAL FIGHTS**

- Double the regular fight time for each category.

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